



# Personal and Business Success

## Handbook 2

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## **The One Decision for Your Success!**

### **Part 2**

#### **Stay committed to “I am Success.”**

- The Six Structures of Belief—a congruent process of change that are linked together as a program.
- The way we give meaning to a program has to come into alignment with the program.
- For example, victim program.
- As you change there is a pause to readjust to a new program to the new meaning and experience.

*Always bear in mind that your own resolution to success is more important than any other one thing. ~ Abraham Lincoln*

#### **Changing unconscious core beliefs.**

Positive and negative core beliefs.

Shift unconscious core beliefs held below your awareness.

Tract and uncover early childhood programs.

For example, changing a career looking for the feeling of APPROVAL.

APPROVAL can be created by a new “ideal – good” father within you.

People outside of you only reflect what you can discover about yourself – as spiritual knowing.

Unconscious sabotage program takes away woman’s good.

Moving your job or career doesn’t change the results – only by focusing on what you want instead from the inside makes the change.

## **Six Structures of Beliefs**

Environment  
Behavior  
Beliefs/Values  
Capability  
Identity  
Spirituality

Most motivational programs are focused around behavior.

The core piece that has the most value is beliefs and values.

And your IDENTITY. Who am I as a successful person? What emotionally do you give up to be a successful person?

### **Six structures of belief: Environment**

Environment for success.  
Your actual space.  
Quiet or active.  
Cluttered or Clear.  
Able to have internal time and to do your internal work.  
Structure of the space.  
Sound levels.  
Change of environment from work to home.  
Close your eyes and check the best environment for your success.  
The electronic environment – the space around you.  
Concentrate or disturbed.

### **Commands to clear your clutter**

I don't know how I'm organized internally, valuable, good, clean, worthy, good.

### **Commands for interruptions**

I don't know how I have support in my environment. I don't know how my ideas are listened to and well responded to.  
Follow along to the guided process....

## **Six structures of belief: Behavior**

What you say – do – reaction – in a reactive state rather than a system of action.

Positive behaviors that successful people take.

When are you reacting or acting in a certain way?

Making change – you may be in resistance.

You can be aware of your behaviors in a negative action.

And look how to change it into a positive action and reaction.

My success is more important than my behavior.

You have to learn how to be safe in a new way and that a new behavior can get you a better and SAFE result.

Close your eyes and think about one behavior you'd like to change. When are you reacting or acting a certain way?

Follow along with the Command process...

## **Six structures of belief: Beliefs/Values**

Driving Value – doing good in the world and service.

Attached – belief to a negative consequences.

Service is much higher value than money – over 400%

Getting well paid is doing great service to the community.

Have equal value for service and wealthy cooperative people add more value of the planet.

You can be wealthy in alignment with serving the planet.

Value – big ticket word – home, country, family.

Your personal value of being a winner, a hero in the family, or a sex object – where do you hold true with your own values?

We are bringing up archetypes of ideas--Feelings about you and your success.

Write 2 Columns: one for your beliefs and one for your values – write out your 5 greatest values and beliefs – you'll see that possible conflict.

Follow the One Command process – pick one item of a conflict of a value and belief.

### **Six structures of belief: Capability**

For Success the Time is NOW!

Perhaps you need more skill.

Command for your super human abilities.

Tell the truth about what you are capable of doing.

For example: *I'm not a programmer and won't do that.*

Set good boundaries – say yes or no

*I don't know how I set good boundaries and say no and I am loved.*

When it is not mine to do. Believe that others can get it done correctly and beautifully for you.

*I don't know how I trust that I have the ability to pick the right people to get the job done.*

I am capable of getting the right people that I can afford.

Where you focus – lack of capability or make a decision that you can.

Follow your Commands of what you are capable of and to set good boundaries.

### **Six structures of belief: Identity**

How do you know who you are?

How are you recognized in the world?

What do you think people say about you?

Your identity is just an idea – you have the right to develop who you are.

Lex Luther is trapped against superman.

Integrate and incorporate to become EMPOWERED.

## RELEASING THE ENERGY THAT IS HELD IN OPPOSING POSITIONS

Rather than swinging back and forth from one state – strong – to weak – go up to theta. That is a vertical position to be EMPOWERED.

Look at what identity you are willing to give up and what identity would you like to have instead?

Follow the Commands for identity....

### **Structures of belief: Spirituality**

That greater presence of good and service in the world. It is a philosophy of what you hold of the highest value in the world.

*I don't know how I radiate my divinity through every success choice that I make...*

### **And above all remember:**

YOU ARE THE WORLDS DREAM COME TRUE!